

Antenatal Breastfeeding Class

with

Rebecca Glover & Shaughn Leach

Learn how to work with your baby's instinctive feeding behaviour; the key to a comfortable, effective, enjoyable breastfeeding experience.

Practical, relevant learning - breastfeeding explained, demonstrated and practiced. Excellent visual aids, video footage, hands on experience with dolls support your learning. Take home education materials consolidate your knowledge and provide encouragement when baby arrives.

Wednesday, January 30 2013 - 9.30am to 12.30pm



Rebecca has worked with breastfeeding mothers and babies since her midwifery training in 1970, and as a Lactation Consultant (IBCLC) in private practice since 1989. A specialist in the area of positioning and attachment, Rebecca has produced breastfeeding education materials, including the video 'Follow Me Mum', which are widely used in hospitals and clinics throughout Australia and overseas.

Shaughn, a midwife and teacher, has been a Lactation Consultant since 1989 working both privately and in a public hospital setting. She lectures at Murdoch University in a pre-examination Breastfeeding and Lactation postgraduate course. Her previous experience as a lay breastfeeding counselor gave her a special interest in babywearing and gentle parenting.

Cost: \$60 (light morning tea provided).

Venue: To be confirmed (Midland/Kalamunda Hills area)

Maximum class 14 participants

It is a long morning so you may like to bring yourself small snacks to eat - we will incorporate a tea break during the session.

**To register, contact Rebecca and Shaughn
breastfeeding.education.perth@gmail.com**